



हाराखण्ड सरकार



सत्यमेव जयते



स्वस्थ चतरा *Swasth Chatra*

**Brief Report**  
**on**  
**Arogya Kunji**

# आरोग्य कुंजी

सहज सामर्थ्य और सुलभ उपचार .....  
पहुंचे सहिया के द्वारा आपके द्वार.....



जिला प्रशासन, चतरा

## **Background**

Chatra district is one of the aspirational districts in the country, with the baseline ranking of 59<sup>th</sup> out of a total of 115 backward districts, identified by NITI Aayog. Under aspirational district, there are different sub-sectors, wherein 'Health' is one of the major sub-sector having 30 percent weight. Chatra district is surrounded by 60 % of forest coverage and lack of accessibility, affordability, and availability of basic services is one of the key reasons for it's under development, especially in the health domain.

Health is a major component for human development and it is not accessible to the majority of the population of the district. The current state of health infrastructure in the district is not adequate as Chatra has 1 District Hospital, 6 Community Health Centers (CHC), 8 Primary Health Centers (PHC) and only 93 Health Sub Centers (HSCs); having a strength of 28 regular Doctors and 8 contractual Doctors, over a total population of 10.42 lakhs, inhabiting in 1474 villages.

Most of the villages are remotely located and connectivity & accessibility to the nearest health facility at the time of distress is a major issue. To address the issue of accessibility and availability of basic medicines at the village level, the District Administration has started an innovative mechanism to provide a medical kit **“Arogya Kunji”** (*Sahiya Upchar Kit*) at the village level.

## **Arogya Kunji**

*“Arogya Kunji”* is a small bag, having medicines and essential health utilities like contraceptive, sanitary pads etc., which is being given to each SAHIYA (ASHA worker). The kit contains general medicines for common health ailments for children as well as elders, which can be obtained over the counter without any prescription.

This can be a trendsetter to improve the access to health scenario. The kit is being given to each ‘Sahiya’ (ASHA) at the village level.

The District Administration, with the active support and initiative of Aspirational District Fellows is implementing this project in ‘Convergence’ mode. **The District Administration has implemented this initiative in 3 blocks through ‘DMFT’ fund and in rest of the blocks through ‘MPLADs’ fund.**

**The cost of one kit is Rs. 1870** (*One thousand eight hundred and seventy rupees only*). A total of 1609 nos. of *“Arogya Kunji”* are being distributed to each



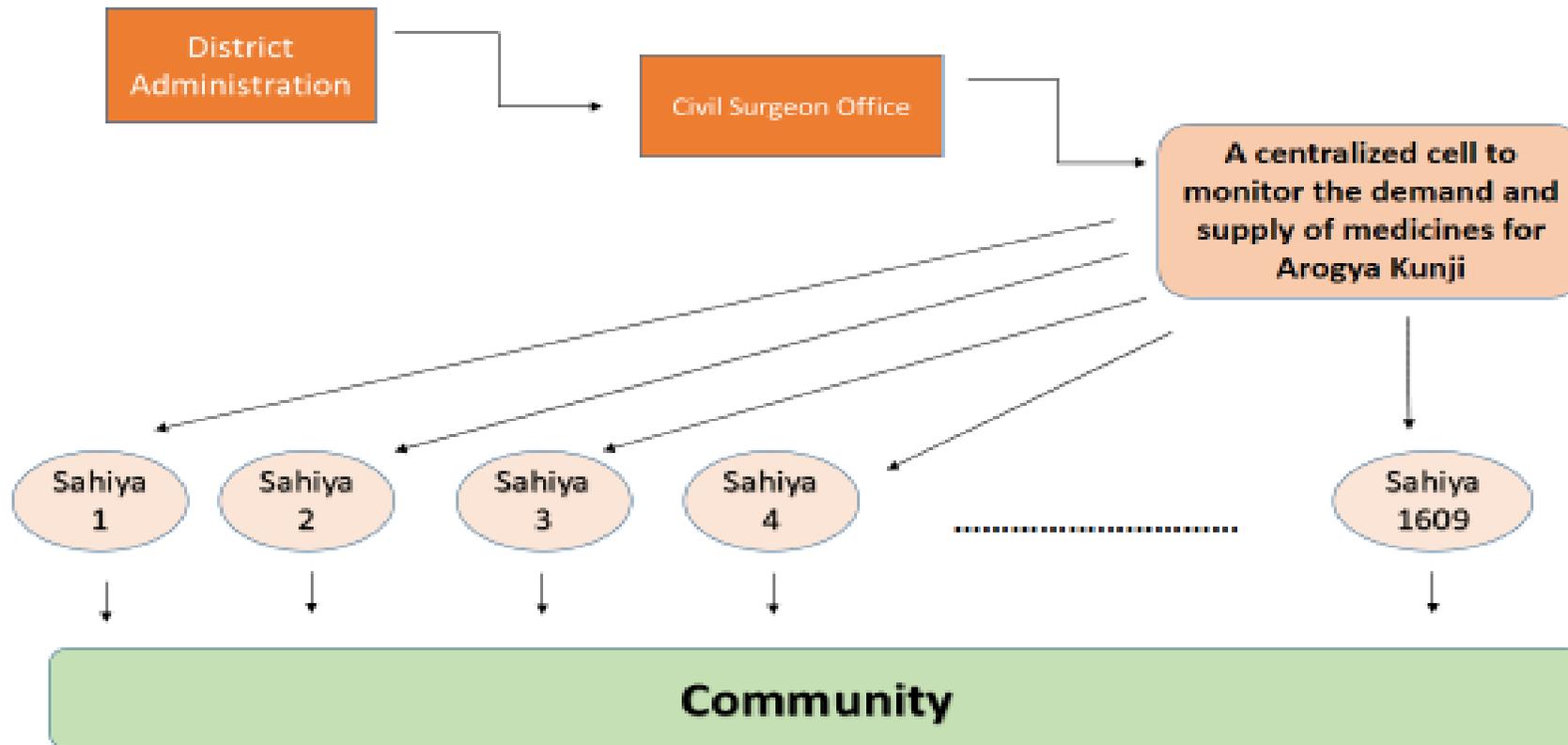
### **Major Benefits of Arogya Kunji**

**Arogya Kunji enables the villages to ensure affordability and availability of common drugs. Accessibility is a major issue in Chatra, as 60 % area is forest cover. So Arogya Kunji has helped people for temporary ailments/temporary relief (especially during night) and for major cases, the people are referred to the nearest PHC/HSC during the day time.**

## आरोग्य कुंजी में उपलब्ध दवाईयों की सूची

क्र.	दवा / पदार्थ का नाम	उपयोग
1.	Paracetamol टेबलेट	बुखार और दर्द सम्बंधित बीमारी को कम करने के लिए
2.	Paracetamol सिरप	
3.	Dicyclomine टेबलेट	पेट दर्द के लिए
4.	Tetracycline ऑइंटमेंट	एंटीबायोटिक एवं चोट और खरोच में उपयोग लिए
5.	Zinc टेबलेट	दस्त को कम करने के लिए
6.	Povidine ऑइंटमेंट	चोट और खरोच में उपयोग लिए एंटीसेप्टिक क्रीम
7.	Cotrimoxazole सिरप	बैक्टीरियल इन्फेक्शन को रोकने के लिए
8.	Pediatric Cotrimoxazole टेबलेट	छोटे बच्चो में बैक्टीरियल इन्फेक्शन को रोकने के लिए
9.	स्पिरिट 400 ml	First-Aid के लिए
10.	साबुन	
11.	स्टर्लाइज्ड कॉटन 400 gm.	
12.	बैंडेज 4 cm x 4 meters	
13.	मलेरिया के स्लाइड्स एवं लेंसेट्स	
14.	Domperidone टेबलेट	उलटी एवं मचली के लिए
15.	Digene टेबलेट	पेट में जलन एवं एसिडिटी के लिए
16.	Cetirizine टेबलेट	सर्दी और खासी के लिए (एंटी अलेर्जिक मेडिसिन)
17.	Digital घडी	Pulse रेट जांच के लिए
18.	थर्मामीटर	शरीर का ताप मापक यंत्र
19.	किट बैग	दवा / पदार्थ को रखने के लिए
20.	टोर्च	सहिया के इस्तेमाल के लिए
21.	स्वास्थ्य विभाग से मिलने वाली सुविधाई	ORS पैकेट, कॉन्डोम, Oral pills, निश्चय किट, इमरजेंसी कंट्रासेप्टिव पिल्स, आयरन फोलिक टेबलेट, रिपिड उगानॉस्टिक टेस्ट, सेनेटरी नेपकिन्स / पैड्स

## Implementation Model of Arogya Kunji



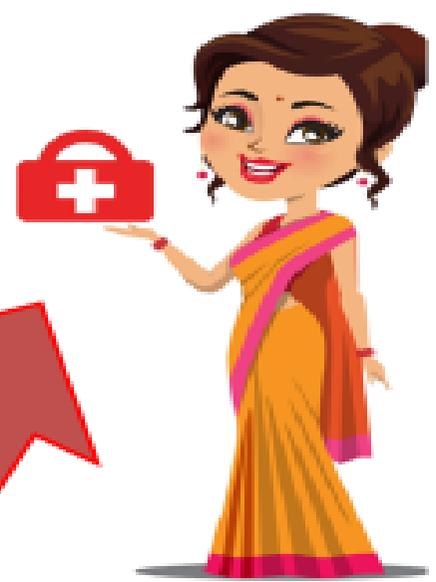
**Details of medicines recieved vs. Distributed  
through Arogya Kunji Kit till August 2019**

Sl. no	Name of medicine	Medicine received	Medicine distributed	Remaining
1	PARACETAMOL & DICLOMINE HCL TAB	67350	18078	49272
2	PARACETAMOL TAB 500 mg	67350	17350	50000
3	PRADIOMYCIN SULPHATE CREAM (SORAGEL)	13470	6356	7114
4	CO-TRIMOXAZOL ORAL SUSPENSION (ARROPREM)	8082	3875	4207
5	POVIDONE IODINE OINTMENT	13470	3876	9594
6	PARACETAMOL PAEDIARTIC ORAL	13470	4338	9132
7	DRIED ALUMINIUM HYDROXIDE- 300 mg	32335	10036	22299
8	TRIMETHORPIM 80 mg + SULPHAMETHOXAZOLE	26990	6705	20285
9	DOMPERIDONE TAB 10 mg (Domcolic)	13470	3658	9812
10	ZINC SULPHATE 20 mg TAB	67350	14177	53173
11	CITRIZINE HCL 10 mg (CETIZ)	13470	5520	7950
12	IFA TAB	36270	21083	15187
13	ORS	6045	4380	1665
<b>Total</b>		<b>379122</b>	<b>119432</b>	<b>259690</b>

A total of 13, 282 people have availed the facility of Arogya Kunji from Sahiya Didi over a period of 7 months.

This Kit is also helping in better referral of cases.

August 2019  
**13, 282**



January 2019  
**0**





*Hon'ble Chief Minister Jharkhand inaugurating Arogya Kunji Initiative*

**Budetary allocations have been done at the Budget of the State, and in coming days this initiative will be replicated in other districts as “Mukhyamantri Arogya Kunji Yojana”**